

# Loving Your Relationships.com

## Platinum Program ♥ 6 Months ♥

### ***The 6 Secrets to Happy Relationships*** ***For People Who Want to Sure-Fire Positive Changes into their Relationship***

#### What you will learn:

- *The 6 secrets to a happy relationship*
- *The theory and mindset of relationships*
- *5 or more powerful techniques for co-creating the relationship you desire*
- *The discipline and power of a positive intention*
- *How to build and maintain strong and flexible relationship muscles*

#### **Secret 1: The Mindset**

- ♥ Assess where your relationship is developmentally and where you would like it to be.
- ♥ Learn how to own your own experience and feelings and how that empowers you in ways you can't even imagine!
- ♥ Discover simple yet powerful ways to change unsuccessful strategies of thinking about relationships to successful ones.

#### **Secret 2: The Power of Intention**

- ♥ Know how to develop a positive intention and watch the results.
- ♥ Learn two ways to install and maintain this resolve.
- ♥ Find out how powerful your positive intention can be!

#### **Secret 3: The Drama Buster**

- ♥ Quickly and efficiently stop those negative patterns that no longer serve the relationship.
- ♥ Use two sure-fire strategies when things are rough between you and your partner.
- ♥ Achieve states of self calm so you don't add fuel to the negative fire.
- ♥ Discover how, when your emotional state changes, it reverberates to your partner.

#### **Secret 4: Change Yourself, Change Your World**

- ♥ Learn two more techniques to help you clear negative emotions and beliefs.

- ♥ Increase your confidence in identifying when you need to clear something and how to do this successfully.
- ♥ Know how to communicate clearly, effectively and in the most non- threatening way possible.

### **Secret 5: Those Good Ole Judgments**

- ♥ Discover how to find those judgments that we all have, clear them and just watch the magic happen in your relationship!
- ♥ As you clear and release those judgments you have toward your partner, you will delight as you achieve more balance and wholeness in yourself.

### **Secret 6: Practice, Practice, Practice**

- ♥ Discern when and what technique to use.
- ♥ Know when to talk about an issue and when not to.
- ♥ Discover what to do when you are not resourceful (tired, hungry or stressed).
- ♥ Build and maintain happy relationship muscles.

### **What You Get:**

- Two Private- *How to Have a Happy Relationship* - 2 hour Jump Start Sessions (live or virtual)
- Eight--55 minute private sessions
- Two, Deep Dive 1 hour and 15 minute training and practice sessions
- 6 month priority email access for quick questions and feedback (Monday-Thursday calls will be returned within 24 hours; calls after 2PM on Friday will receive response Monday morning)

### **Platinum Program Bonuses: (Value is \$1000.00)**

- An additional 15 minute bonus call each month
- One monthly training--audio or video
- For techniques taught, you will receive written protocols and worksheets
- Two video downloads demonstrating how to do a technique
- Two treatment manuals
- Two, 2 hour streaming videos teaching Ask and Receive
- Releasing Technique streaming video
- Book suggestions to help support the process
- Telephone sessions will be recorded if desired and can be used along with SKYPE